# The Impact of Communication Barriers on Adverse Events in Hospitalized Patients

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- Richard Hurtig is a Professor Emeritus in the Department of Communication Sciences and Disorders at The University of Iowa and the President and CSO of Voxello, a biomedical device company developing technology to address the needs of patients facing communication barriers.
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#### **Learner Outcomes**

- 1. Identify common adverse events
- 2. Describe communication barriers faced by hospitalized patients
- 3. Explain the impact of adverse events on the US healthcare system

### **Agenda**

- Overview And Background On Barriers To Patient Provider Communication And Adverse Events
- Data On Incidence & Costs Associated With Adverse Events
- Data On Estimated Reduction Of Adverse Events And Cost Savings If Communication Barriers Are Addressed
- Impact Of Addressing Communication Barriers On Patient Perceptions
- Questions And Wrap-up

# Background: Patient-Provider Communication

- Effective patient-provider communication plays A role in:
  - Medical Outcomes
  - Patient Satisfaction
  - Nurse/Caregiver Satisfaction
- Barriers to effective patient-provider communication include:
  - Physical Limitations (e.g. Access To Nurse Call)
  - Inability To Speak Or Write
  - Linguistic Barriers

# Background: Patient-Provider Communication

Care Standards Mandate that patients must be able to summon help and effectively communicate with their caregivers.

- The National Joint Committee's Communication Bill of Rights (1992) identified communication as a basic right and declared that individuals with impaired communication have the right to functional assistive technology.
- The Joint Commission (2010) has deemed effective communication, cultural competence, and patient-and family-centered care vital components of safe, quality care and has made that part of their accreditation standards

# Background: Patient-Provider Communication

#### Ideally patients should be able to

- Summon help by accessing nurse call system.
- Communicate why they summoned help.
- Unfortunately many patients can't
  - In intensive care units
    - 33% of conscious patients can't access the nurse call
    - 33% of conscious patients can't speak because of mechanical ventilation
  - In non-intensive care units
    - 9% of conscious patients can't access the nurse call

(Zubow & Hurtig 2013)

#### **Adverse Events-1**

- The Institute of Medicine report, *To Err Is Human: Building a Safer Health System*, highlighted the pervasive problem of adverse events (AEs) in health care (Kohn et al, 2000).
- A key element of that report was the differentiation of preventable AEs from unavoidable AEs.
- What was startling was that the preventable AEs may have contributed to somewhere between 44,000 and 98,000 deaths in US hospitals each year.
- Adverse Drug Reactions, Ventilator Associated Pneumonias, Pressure Ulcers and Patient Falls are among the most prevalent preventable AEs.

#### **Adverse Events-2**

- The Department of Health and Human Services (HHS) report on the incidence of Medicare beneficiaries' adverse events (Levinson, 2010) revealed that 13.5% of patients had experienced AEs.
- 1.5% percent of patients had experienced adverse events that contributed to their deaths.
- As a result of their inability to effectively communicate with medical providers, approximately 15,000 Medicare patients' had died.
- Despite increased hospital awareness of patient safety,
   18% of admitted patients were harmed by medical interventions with 63% of those injuries would have been preventable. (Landrigan et al., 2010)

#### **Adverse Event Risk**

- Patients with communication impairments 3x more likely to experience a preventable adverse event than patients without communication impairment (Bartlett et al., 2008).
  - Physical barriers
  - Linguistic barriers
- Communication /Language Barriers also impact adverse events in the hospitalized pediatric population.(Cohen 2005).

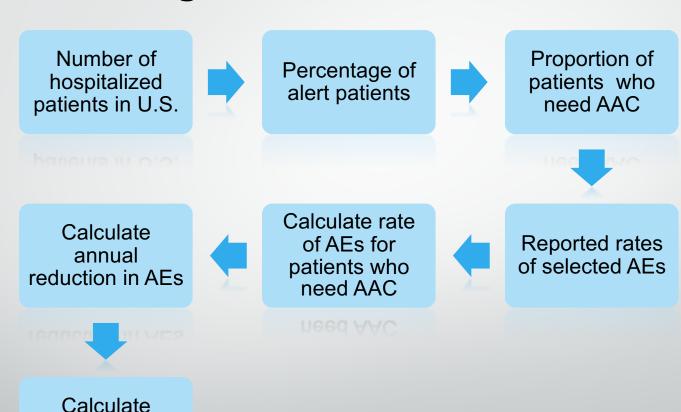
# Impact of Communication Barriers on Adverse Events

- Use AHA and HHS/AHRQ national data to
  - Obtain up to data incidence of AEs
  - Obtain current costs associated with treating preventable AEs
- Estimate % of inpatient population facing a communication barrier
- Partition incidence rates for the increased risk populations
- Estimate the incidence and costs associated with the increased risk
- Estimate the potential reduction in AEs if hospitals address communication barriers
- Estimate the cost savings to hospitals from the reduction in AEs

#### **Adverse Events & Associated Costs**

Adverse Event	Annual Number of Cases	Average Cost Per Case
Pressure Ulcers	1,151,021	\$17,000
Ventilator-Associated Pneumonia	38,958	\$21,000
Patient Falls	254,995	\$7,234
Adverse Drug Reactions	1,427,266	\$5,000

### **Calculating Risk and Cost Reduction**



annual cost reduction

### **Annual AE Occurrence and Cost Reductions**

Adverse Event	Annual Reduction in Number of Cases	Annual Cost Savings (\$ Millions)
Pressure Ulcers	221,820	4,000
Ventilator-Associated Pneumonia	1,888	40
Falls	49,141	355
Adverse Drug Reactions	275,057	1,400
Total	547,906	5,795

### **Next Steps: Eliminate Barriers**



Voxello noddle<sup>tm</sup> Clinical Trial (ongoing)

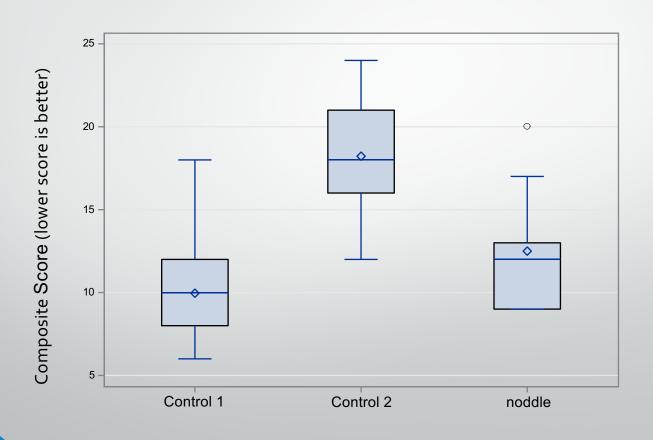
- Provide access to nurse call and speech generating device
- Study Groups
  - Traditional Access and Communication (Control1)
  - No Access and Impaired Communication (Control2)
  - Novel AT/AAC system (noddle<sup>tm</sup> & noddle-chat<sup>tm</sup>)
- Outcomes Measures
  - Patient exit surveys

## **Patient Survey**

- 5-Point Likert Scale (strongly agree-strongly disagree)
- Survey items
  - I was able to independently summon help when I needed it.
  - I had no way to let others know if I needed help or was in pain.
  - I was not able to independently get my nurse to assist me.
  - Having the ability to call my nurse made me feel more at ease.
  - Using my nurse call allowed me to help my nurse take better care of me.
  - Having access to my nurse call did not increase my independence.

# **Preliminary Results**

control groups n=100, noddle=10 F(2,107) = 95.37 p<.0001



# Tukey's Studentized Range (HSD) Test

GROUP Comparison	Difference Between Means	
Control1 – Control 2	-8.2637	***
Control1 - noddle	-2.5392	***
Control 2 - noddle	5.7245	***

Comparisons significant at the 0.05 level are indicated by \*\*\*

### **Summary**

- Reducing risk for patients experiencing communication barrier
  - 547,906 fewer AEs annually
  - \$5.8 billion annual cost savings
- Facilitating patient-provider communication is both an ethical imperative and an essential part of a multi-pronged approach for reducing the human and financial cost of preventable AEs.

# Questions



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